## ABSTRACT OF THE DISCLOSURE

In one aspect, the present disclosure describes a power adjustment process. The process for power distribution regulation includes filtering data from electrical sensors to provide conditioned data representative of a portion of a power distribution grid and determining, by a controller and based in part on the conditioned data, when an increase or decrease in an output parameter from one regulator of a plurality of regulators in the power distribution grid will reduce system power consumption. The process also includes increasing or decreasing the associated output electrical parameter in response to the controller determining that such will reduce system power consumption.